

October 2011

RESEARCH UPDATE

PRIORITY STUDY

Addressing depression in Muslim communities - Addressing depression in Muslim communities: develop- ment of a treatment manual for professionals

This study, **recruiting in WY and CD/TV**, aims to fill the gap in knowledge about how best to address the needs of Muslim service users with depression. It will focus on a mental health therapy called Behavioural Activation and, combined with evidence from existing research and practice, a guidance manual for practitioners will be produced. Feedback on acceptability and usefulness will be used to further improve the manual. The final manual will outline in detail important principles and effective methods for treating Muslim service users from a variety of ethnic backgrounds and will aim to promote best practice in mental healthcare services. (NIHR ID: 8323)

This issue includes:

- **Studies currently open**
- **Studies opening soon**

For more information about any of the studies included in this booklet please contact the PCRN N&Y office on 01642 615600 or email: enquiries@nyren.co.uk

Studies currently open

LATE EFFECTS — Health problems in long term survivors of lymphoma and leukaemia

Quality of life and late-onset health problems in long-term survivors of haematological malignancies.

This is a questionnaire-based study which will use a mixture of validated quantitative instruments to investigate the long-term health problems experienced by survivors of lymphoma and leukaemia who received treatment for their initial diagnosis at least 5 years ago and were all treated at one centre. The questionnaires will be completed by participants at home and the data gained will be cross-referenced with the detailed treatment records held by the centre to explore in depth the patterns of patient-reported outcomes with the treatments received.

A member of the study team will be in contact with pre-selected practices in **all Spoke areas**.

(NIHR ID: 10219)

ADD — Antiglucocorticoid augmentation of antiDepressants in Depression

This is a multicentre clinical trial based on clinical and preclinical observations.

This study has a hypothesis that a three week course of metyrapone (versus placebo) augmentation of antidepressants in depressed patients who have failed to respond to at least two courses of antidepressants, in primary care and psychiatric outpatient clinics in the UK will lead to a reduction in symptoms of depression. **Open in CD/TV, WY and NTW areas.**

(NIHR ID: 7801)

Studies opening soon

WAIT: Wheeze And Intermittent Treatment - Parent-Determined Oral Montelukast Therapy for Pre-School Wheeze

Pre-school wheeze accounts for 75% of hospital admissions for wheeze/asthma. Finding an effective treatment for bouts of wheezing triggered by colds in pre-school children would be a major advance. Data suggests that montelukast is very effective in one third of children (those who have inherited a particular genotype), and less effective in the rest.

The main objective of this randomised, controlled trial is to determine whether parent-initiated intermittent treatment with oral montelukast in preschool children reduces the need for unscheduled medical attention for upper or lower respiratory tract infection or wheeze.

We are looking for practices **to refer children to North Tees and Hartlepool hospitals**. The study lasts one year.

(NIHR ID: 8869)

Useful information

National survey of the impact of cancer on employment

This study will compare the work activities of people before and after their cancer diagnosis with people in the general population who have not had a cancer diagnosis. In addition, the study team will also be able to compare the work lives of people following a cancer diagnosis to those with other chronic or disabling conditions.

GPs in **all Spokes** may be contacted about this survey.

(NIHR ID: 9444)

Contact details

Main PCRN N&Y office:

1st Floor, East Wing
Wellington House
Falcon Court
Preston Farm Industrial Estate
Stockton-on-Tees
TS18 3TS

Tel: 01642 615 600
Fax: 01642 615 700
www.nyren.co.uk
General Email:
enquiries@nyren.co.uk

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact your local contact:

Contact	Geographical Area	Email Address
Sarah Daniel	Co. Durham/Tees Valley (CDTV)	sarah.daniel@nyren.co.uk
Terri Harding Susan Tremble	Northumberland, Tyne and Wear (NTW)	terri.harding@nyren.co.uk susan.tremble@nuth.nhs.uk
Heather Maughan	South of Tyne (SoT)	heather.maughan@nyren.co.uk
John Hodgson	West Yorkshire (WY)	john.hodgson@nyren.co.uk
Yvonne Coverdale	North and East Yorkshire and North Lincolnshire (NEYNL)	yvonne.coverdale@nyren.co.uk

The Primary Care Research Network Northern & Yorkshire is part of the NIHR Clinical Research Network, which supports research to make patients, and the NHS, better