



**National Institute for
Health Research**

November 2011

RESEARCH UPDATE

PRIORITY STUDY

ADD - Antiglucocorticoid augmentation of antiDepressants in Depression

This is a treatment trial using the cortisol synthesis inhibitor, metyrapone, as an augmenting agent in patients who have failed to respond to at least two antidepressants. This “stress busting” approach has been successfully piloted in Germany. The study is **now recruiting patients in CD/TV, WY and NTW**.

The Mental Health Research Network (MHRN) are keen to hear from you if you wish to know more about the study:

Sally Barker 0191 2563230 sally.barker@ntw.nhs.uk
Sam Bulmer 0191 2563256 samantha.bulmer@ncl.ac.uk

(NIHR ID: 7801)

This issue includes:

- **Studies currently open**
- **Study opening soon**

For more information about any of the studies included in this booklet please contact the PCRN N&Y office on 01642 615600 or email: enquiries@nyren.co.uk

Studies currently open

Mainstay - Evaluation of Neuromuscular Electrical Stimulation of the Multifidus Muscle

The purpose of this commercial study is to investigate the effect of electrical neuro-muscular stimulation on persistent low back pain which is un-responsive to physical therapy. **Open in CDTV and NEYNL** - practices referring patients into James Cook University Hospital will be invited to take part.

3C Cough — Cough Complications Cohort

This study will assess complications for the commonest respiratory infection that we see in practice to determine if adverse outcomes can be predicted from clinical and personal characteristics. This is an opportunistic recruitment study and identifies and recruits patients during consultations.

The study will run again this winter and through to 2013. We are still looking to set up more sites within **all PCRN N&Y areas**.
(NIHR ID: 7674).

[Click here to access the 3C website for further information.](#)

DRN 220 Landscape - comparing an insulin glargine/ insulin glulisine Basal Plus Regimen to biphasic insulin as-part/insulin as-part protamine 30/70 in poorly controlled type 2 diabetes.

We are looking for PIC sites in **Co. Durham and Darlington** — referrals into Co. Durham hospital. PIC sites also required in **Bradford and Wakefield**.

(NIHR ID: 6467)

Studies currently open continued

CCRN127 - Paradigm study – A multicentre randomised, double-controlled, parallel group, active-controlled study to evaluate the efficacy and safety of LCZ696 compared to enalapril on morbidity and mortality in patients with chronic heart failure and reduced ejection fraction.

Patients can be included if: they are ≥ 18 years, have chronic heart failure NYHA class II-IV and on at least 10mg/d of enalapril or equivalent.

Open to recruitment in Durham and Darlington.

(NIHR ID: 7133)

SCIMITAR — A Smoking Cessation Intervention for severe Mental Ill Health Trial

We would like to remind practices who have run the Scimitar study that any new potential participants can be referred directly to the study team.

Open to recruitment in NEYNL.

(NIHR ID: 9690)

Studies opening soon

The ATLAS Neck Pain Trial: Alexander Technique Lessons, Acupuncture Sessions, or usual GP care for patients with chronic neck pain, a randomised controlled trial to evaluate effectiveness, cost effectiveness, acceptability and safety.

Coming to NEYNL and WY areas.

Contact details

Main PCRN N&Y office:

1st Floor, East Wing
Wellington House
Falcon Court
Preston Farm Industrial Estate
Stockton-on-Tees
TS18 3TS

Tel: 01642 615 600
Fax: 01642 615 700
www.nyren.co.uk
General Email:
enquiries@nyren.co.uk

Clinical Trial Coordinators

Clinical Trial Coordinator	Geographical Area	Email Address
Terri Harding	Co. Durham/Tees Valley (CDTV)	terri.harding@nyren.co.uk
Chijindu Anyaegbuna Susan Tremble	Northumberland, Tyne and Wear (NTW)	chijindu.anyaegbuna@nyren.co.uk susan.tremble@nuth.nhs.uk
Heather Maughan	South of Tyne (SoT)	heather.maughan@nyren.co.uk
John Hodgson	West Yorkshire (WY)	john.hodgson@nyren.co.uk
Yvonne Coverdale	North and East Yorkshire and North Lincolnshire (NEYNL)	yvonne.coverdale@nyren.co.uk

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact your local Clinical Trial Coordinator.

The Primary Care Research Network Northern & Yorkshire is part of the NIHR Clinical Research Network, which supports research to make patients, and the NHS, better