

June 2011

RESEARCH UPDATE

PRIORITY STUDY

PAPPA The prevalence and importance of unrecognised bipolar disorder among patients being treated in primary care with anti-depressants for depressive or anxiety disorder and to establish if they have more severe illnesses than people with diagnosed bipolar disorder.

Also the study will look at the accuracy of the Mood Disorder Questionnaire as a means of identifying bipolar disorder in UK primary care. This is an observational, cohort study **open to recruitment in West Yorkshire.**

(NIHR ID: 8025)

This issue includes:

- [Studies currently open](#)
- [Studies opening soon](#)
- [Studies closed](#)

For more information about any of the studies included in this booklet please contact the PCRN N&Y office on 01642 615600 or email: enquiries@nyren.co.uk

Studies currently open

ISICA - International Study of Incident Cancer (Breast Cancer and Diabetes) The principle aim of the study is to assess the relative risk of breast cancer associated with diabetes treatment in patients with type 1 or type 11 diabetes, taking into account potential confounding factors. This non-interventional, case-controlled, observational study is recruiting control patients for the study in primary care. **Open in Co Durham/ Tees Valley area only.**

(NIHR ID: 9539)

Early Arthritis: A coordinated programme for improving the outcome of very early inflammatory arthritis. The study aims to see if we could identify patients in the pre-clinical phase of RA by performing an anti-CCP (ACPA) test in patients presenting with non-specific musculoskeletal complaints.

Patients referred by GPs and other health professionals who are found to be anti-CCP positive will be followed-up prospectively for 12 months in order to see which percentage will develop an inflammatory arthritis. Patients with a negative anti-CCP will be contacted at 1 year to query about an eventual diagnosis. We are looking for patients ≥ 18 years old with any new musculoskeletal complaint (not thought to be inflammatory arthritis). **Open in WY and coming soon to NEYNL.**

(NIHR ID: 2848)

REEACT 2 - The role of telephone support in computerised therapy The second randomised evaluation of the effectiveness and acceptability of computerised therapy trial. **Now open in NYNEL and coming to NTW and CDTV.**

(NIHR ID: 9785)

Studies currently open continued

DRN514 - The Vildagliptin Study This is a single-centre, double-blind, randomised, placebo-controlled, parallel-group study. This study aims to define the degree of improvement in insulin sensitivity, and to demonstrate the reasons for this change. Magnetic Resonance techniques will be used in combination with metabolic studies to investigate changes in pancreas, liver, and muscle. **Open in NTW.**

(NIHR ID: 9135)

Studies opening soon

PODCAST - Prevention of Decline in Cognition After Stroke trial This is an international randomised controlled trial to determine if intensive BP and lipid lowering after stroke helps prevent cognitive decline when compared to guideline, moderate treatments. **Coming to all PCRN N&Y areas.**

(NIHR ID: 7847)

Studies closed

ACUDep - Acupuncture, Counselling and Usual GP Care for Depression

The study has reached its target very successfully and has now closed.

Thank you to the practices who recruited so successfully. We will inform you when the results are published, which we expect to be in a couple of years time.

(NIHR ID: 7716)

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Clinical Trial Coordinators

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact a Clinical Trial Coordinator.

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