



February 2011

## RESEARCH UPDATE

### PRIORITY STUDY

**SCIMITAR — A Smoking Cessation Intervention for severe Mental Health Trial (SCIMITAR). A pilot study and definitive randomised evaluation of a bespoke smoking cessation service.**

Various smoking cessation drugs and services are available and are targeted at the general public. However, people with mental health problems may require different strategies and greater support to help them quit smoking. The aim of this study is to evaluate a 'bespoke smoking cessation' (BSC) service specifically tailored to individual patients with severe mental illness. In set up in the York area.

(NIHR ID: 9690)

This issue includes:

- **Studies currently open**
- **Studies opening soon**
- **RSI Scheme update**

For more information about any of the studies included in this booklet please contact the PCR N & Y office on 01642 615600 or email: [enquiries@nyren.co.uk](mailto:enquiries@nyren.co.uk)

### Studies currently open

**DRN 421: LEADER — Liraglutide Effect and Action in Diabetes: Evaluation of Cardiovascular Outcome Results.**

A long-term multi-centre, international, randomised double-blind, placebo-controlled trial to determine liraglutide effects on cardiovascular Events. This commercial (Novo Nordisk) interventional study is co-adopted by the PCR N and is **open in Hull and East Riding**. Please contact Yvonne Coverdale for more information .

(NIHR ID: 7869)

**ASCEND — A Study of Cardiovascular Events in**

**Diabetes** Thank you to those running database searches for this study – you have identified many more patients for the study team. The deadline for recruitment is the end of March 2011. **Open in all PCR N & Y areas.**

(NIHR ID: 2257)

### Studies opening soon

**REEACT-2 Study — The role of telephone support in computerised therapy**

The second Randomised Evaluation of the Effectiveness and Acceptability of Computerised Therapy Trial (REEACT-2) – Does the provision of telephone support enhance the effectiveness of therapy?

This interventional study led by the University of York will be opening to recruitment **in NEYNL, CDTV and WY areas**. Please contact your local Clinical Trial Coordinator for more information or to express your interest.

(NIHR ID: 9785)

## Studies opening soon continued

**CoDAP — C**ontinence **D**ecision **A**id **P**roject: Stage 3 of this study is a pilot trial to investigate whether the use of a decision tool to assist with the assessment and management of UI in women in the community will; increase the accuracy with which health care practitioners identify the type of UI a woman is experiencing; improve the appropriateness of subsequent management of a woman's UI; lead to better outcomes for women such as improved quality of life and amelioration of urinary symptoms. Coming to **Leeds and North Yorkshire and York PCTs**.

**ADD Study — Ant**iglucocorticoid **a**ugmentation of **a**nti-depressants **i**n **D**epression This interventional study coming from Newcastle University will assess the benefits of antiglucocorticoid augmentation (Metyrapone) of antidepressants in patients whom have failed to respond to >2 different antidepressants in primary care (versus placebo). 190 accruals are required locally from primary care and the study is due to open in **Co Durham/Teess Valley and Northumberland, Tyne and Wear soon**. (NIHR ID: 7801)

## Research Site Initiative (RSI) Scheme

**We have received many applications for funding via the Research Site Initiative Scheme in North and East Yorkshire & North Lincolnshire (NEYNL) - thanks to all interested practices.**

**SLAs will be issued shortly and will be followed by a visit from your local Research Facilitator to discuss how they can support you in achieving your research objectives.**

## Contact details

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### Clinical Trial Coordinators

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact a Clinical Trial Coordinator.

Clinical Trial Coordinator	Geographical Area	Email Address
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