



National Institute for Health Research

February 2010

RESEARCH UPDATE

••••PRIORITY STUDY••••

ACZI/ CANAKINUMAB - COMMERCIAL STUDY FOR TYPE II DIABETES

The Study Team are looking for primary care sites, North of the Tyne, to act as PICs (Patient Identification Centre) for patient referral into the RVI in Newcastle. Patients must be over 18 years of age. Written informed consent is required to participate in this study.

For more information and documents for this study please contact Terri Harding, PCR N N&Y Network Manager, on 01642 615600 or email enquiries@nyren.co.uk.



This issue includes:

- Studies currently open
- Studies opening soon
- Studies now closed

For more information about any of the studies included in this booklet please contact the PCR N N&Y office on 01642 615600 or email: enquiries@nyren.co.uk



Studies currently open

Coordinated Programme to Prevent Arthritis

(Can We Identify Arthritis at a Pre-Clinical Stage?)

The aim of the project is to determine the factors that will assist in making an earlier diagnosis of Rheumatoid Arthritis. Suitable patients can be handed a prepared patient 'pack' and the study team will do the rest. **Open to Leeds practices.**

ASCEND (A Study of Cardiovascular Events in Diabetes)

A mail-based, multi-centre, randomised controlled trial which aims to demonstrate whether aspirin and/or omega-3 fatty acids reduce the risk of cardiovascular events in individuals with diabetes and whether such benefits outweigh any potential risks. Recruitment is continuing until summer 2010 and with your help we can provide reliable answers to these important questions. **Open to all areas.**

REACT (*Randomised Evaluation of the Effectiveness and Acceptability of Computerised Therapy Trial*) The study is comparing the effectiveness of 2 CBT programmes for depression and usual GP care. Actively recruiting in NYEL and CDTV.

Open to new sites in CDTV.

ABC A study of mood disorders in individuals who have symptoms that overlap with both manic depression (Bipolar I Disorder) and recurrent depression (Unipolar Depression). **Open to new sites in CD/TV and NTW**

ARRIVE Recruiting well, however **we need a final push** from recruiting practices to ensure that we reach the target for this first industry PCR N study.

FLUWATCH Actively recruiting new patients from recruited sites.

SUPAC Sites recruited - to commence patient recruitment soon.

H1N1 in pregnancy Still recruiting patients. Thank you to the practices for continued efforts and please carry on recruiting further patients.

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Studies now closed

EVERT Everruca Study Recruited close to the target number of patients required. Thank you to all practices who participated.

H1N1 in Vaccine Study Reached target recruitment. Thank you to all the practices who participated.

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Studies opening soon

HOPE (*Improving the functional status of community dwelling frail older people: the impact of a targeted exercise programme*)
To investigate if implementing a programme of home-based exercises delivered as part of routine care by Therapy Assistants in collaboration with Community Matrons will help stabilise the frailty syndrome and reduce the need for acute hospital admission. The participant group will be community dwelling, frail older people who are on the existing caseload of the CM service in Bradford & Airedale PCT and have one or more advanced long-term condition and are judged to be at high risk of hospital admission. **Open to Bradford & Airedale PCT practices.**

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Clinical Trial Coordinators

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact a Clinical Trial Coordinator.

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