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Clinical Trial Coordinators

If you have any queries, are interested in participating in a clinical trial or study mentioned in this newsletter, or would like to know which studies are being carried out in your geographical area please contact a Clinical Trial Coordinator.

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Primary Care Research Network Northern and Yorkshire
Part of the National Institute for Health Research (NIHR)
and the NIHR Clinical Research Network Coordinating Centre (NIHR CRN CC)



**National Institute for
Health Research**

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RESEARCH UPDATE

PRIORITY STUDY

Exercise and NAFLD Research Study

The primary aim of this interventional study is to observe whether increased physical activity reduces liver lipid content in people with *non-alcoholic fatty liver disease* (NAFLD).

In total, the study will require each participant to attend the research facility for 5 visits for metabolic examination. The exercise group will need to attend supervised exercise sessions 3 x per week over 8 weeks.

Funding is available to cover the costs of the practice involvement which will include a database search to identify the patients.

We are looking to identify interested practices in Newcastle and North of Tyne.

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This issue includes:

- Studies currently open
- Studies opening soon

For more information about any of the studies included in this booklet please contact the PCRN N&Y office on 01642 615600 or email: enquiries@nyren.co.uk

Studies currently open

Clopidogrel (NIHR CRN ID: 5159)

The main aim of this randomised, placebo-controlled trial is to investigate the platelet-dependent thrombus (PDT) in individuals with type II diabetes and stable coronary artery disease;

- on aspirin alone (75mg daily), versus
- combined aspirin and anti-platelet therapy (clopidogrel:75mg daily)
- The study team are looking to recruit **GP practices in Newcastle** (possibly 5 patients per practice).

The practice will be asked to identify potentially eligible patients and mail out the GP invite and study information. All further treatments (consisting of two hour-long visits) will be carried out by the study team at the **Royal Victoria Infirmary in Newcastle**.

AESOPS (NIHR CRN ID 2257): The effectiveness and cost-effectiveness of opportunistic screening and stepped care interventions for older hazardous alcohol users in primary care. **Open to all PCRN N&Y areas.**

Women, Diabetes and Exercise (NIHR CRN ID: 8012)

This **University of Leeds based** study is looking to recruit participants to assess the impact of the menopause in type 2 diabetes upon the risk of heart disease and stroke. The research team (funded by the British Heart Foundation) are looking for postmenopausal women (aged 45 – 65) with type 2 diabetes to volunteer for a number of non-invasive tests that look at factors such as cholesterol, family history, heart and blood vessel function, blood pressure, weight and blood sugars.

The team are also looking for women who would like to join a group of unfit postmenopausal women who are currently undertaking an exercise program (people can volunteer for the study without doing the exercise) to reduce the risk of future heart disease. **We are looking for female patients based in Leeds.**

Studies currently open continued

ABC: a bi-polar cohort study (NIHR CRN ID: 5668) This is a study of mood disorders in individuals who have symptoms that overlap with both manic depression (Bipolar I Disorder) and recurrent depression (Unipolar Depression). **Open to new sites in CDTV and NTW.**

ACUDEP - Acupuncture, counselling and usual GP care for depression in primary care: A randomised controlled trial to evaluate effectiveness and cost effectiveness. (NIHR CRN ID: 7716) **Open to CDTV, NTW, NEYNL and NHS Hull.**

EUDRAGENE (NIHR CRN ID: 4412)

The main aim of which is to investigate the pharmacogenetics of selected adverse drug reactions, with current priority given to statin induced myopathy, liver injury and Steven Johnsons Syndrome. Each practice is only expected to recruit 1-3 patients to this study due to the strict inclusion criteria. **We are looking to recruit as many practices as possible within all PCRN N&Y areas; NTW, NEYNL, WY and CDTV.**

ASCEND (A Study of Cardiovascular Events in Diabetes)

(NIHR CRN ID: 2257) The study has reached their target of 10,000 patients however have decided to increase the target to 13,000-15,000 to improve statistical power and extend the end date until December 2010. **Open to all PCRN N&Y areas.**

Studies opening soon

SDO – Diffusion of Shared Diabetes Services

The aim of this quantitative study would be to investigate whether SystemOne with the care plan template impacts on the management of patients with diabetes. **We are looking for interested sites within the Yorkshire and Humber SHA area.**